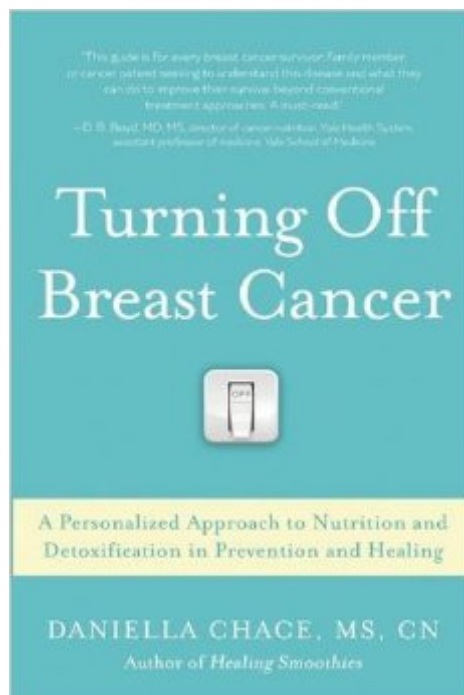


The book was found

# Turning Off Breast Cancer: A Personalized Approach To Nutrition And Detoxification In Prevention And Healing



## Synopsis

A Cutting-Edge Guide to Preventing and Healing from Breast Cancer Turning Off Breast Cancer is a comprehensive and targeted program for using nutrition and detoxification to prevent and heal from breast cancer. Rooted in the science of epigenetics--how gene expression is affected by nutrients and toxins--Daniella Chace teaches readers to restore their own genes via diet, supplementation, and detoxification. Readers will learn how to: Nourish their bodies with more than one hundred foods that combat breast cancer. Chace also offers supplement recommendations for pre- and postmenopausal women. Restore their bodies by using new genetic tests to determine their personal nutrition and detox needs. Detoxify their bodies by flushing out the toxins that contribute to breast cancer development and disturb cellular communication. Carefully researched and incredibly comprehensive, Turning Off Breast Cancer forges a clear path toward health and healing.

## Book Information

Paperback: 192 pages

Publisher: Skyhorse Publishing (July 21, 2015)

Language: English

ISBN-10: 1632204452

ISBN-13: 978-1632204455

Product Dimensions: 6 x 0.6 x 8.9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (2 customer reviews)

Best Sellers Rank: #636,651 in Books (See Top 100 in Books) #40 in Books > Health, Fitness & Dieting > Nutrition > Cancer Prevention #216 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #3018 in Books > Health, Fitness & Dieting > Women's Health

## Customer Reviews

This book is a must read for anyone wanting to reduce their risk factors to prevent breast cancer, not to mention those who have already been diagnosed and want to prevent a recurrence. The information provided in "Turning off Breast Cancer" has been by far the most helpful to me and when I say I have read at least 50 books on breast cancer and integrative therapies, I am not exaggerating. As a nurse practitioner and breast cancer survivor, I wholeheartedly recommend this book and urge you to take charge of your health to promote wellness and healing. Dorrie Murtagh, MS, ARNP

I haven't read this yet, but it came highly recommended.

[Download to continue reading...](#)

Turning Off Breast Cancer: A Personalized Approach to Nutrition and Detoxification in Prevention and Healing Cancer Survivorship Coping Tools - We'll Get you Through This: Tools for Cancer's Emotional Pain From a Melanoma and Breast Cancer Survivor The \$1,000 Genome: The Revolution in DNA Sequencing and the New Era of Personalized Medicine The New Generation Breast Cancer Book: How to Navigate Your Diagnosis and Treatment Options-and Remain Optimistic-in an Age of Information Overload College Counseling for School Counselors: Delivering Quality, Personalized College Advice to Every Student on Your (Sometimes Huge) Caseload Crystal Healing: How crystal healing works, crystal therapy, the human energy field, gemstones, and how to use crystals for healing and increased energy! Anti-Cancer Smoothies: Healing With Superfoods: 35 Delicious Smoothie Recipes to Fight Cancer, Live Healthy and Boost Your Energy Healing Scriptures for a Broken Heart: Experience Emotional Healing and Healing the Wounds of the Past Nutrition and Diet Therapy (Nutrition & Diet Therapy) Academy of Nutrition and Dietetics Pocket Guide to Nutrition Assessment Bald Is Better with Earrings: A Survivor's Guide to Getting Through Breast Cancer Coconut Oil and Apple Cider Vinegar Handbook: Use Coconut Oil and Apple Cider Vinegar for Healing, Curing, Beauty, and Glowing Radiant Skin The Bottle, The Breast, and the State: The Politics of Infant Feeding in the United States Training and Riding with Cones and Poles: Over 35 Engaging Exercises to Improve Your Horse's Focus and Response to the Aids, While Sharpening Your Timing and Accuracy Counseling and Psychotherapy with Children and Adolescents: Theory and Practice for School and Clinical Settings America The Black Point of View - An Investigation and Study of the White People of America and Western Europe and The Autobiography of an American Ghetto Boy, The 1950s and 1960s Pride and Prejudice and Zombies (Movie Tie-in Edition) (Pride and Prej. and Zombies) Eye of Newt and Toe of Frog, Adder's Fork and Lizard's Leg: The Lore and Mythology of Amphibians and Reptiles Day Trading: Day Trading for Beginners - Options Trading and Stock Trading Explained: Day Trading Basics and Day Trading Strategies (Do's and Don'ts and the Small Letters) - 3rd Edition Day Trading: Day Trading for Beginners - Options Trading and Stock Trading Explained: Day Trading Basics and Day Trading Strategies (Do's and Don'ts and the Small Letters)

[Dmca](#)